



BIG IDEA

Jesus suffered for us.

LUKE | RESCUE | GOOD FRIDAY

Suffer

GOD STORY

Jesus' Death
Luke 23:26–56

KEY VERSE

Because of what the Son has done, we have been set free. Because of him, all our sins have been forgiven.
Colossians 1:14 (NIRV)

LEADER TIPS

- God's overarching story is one of rescue. People have made many mistakes that have caused us to need to be rescued. This series focuses on Jesus, our Rescuer. Take some time to consider what you've been rescued from—and what you've been rescued to!
- Expect more visitors as well as families that do not attend church regularly. Be sure to introduce yourself and take the time to learn everyone's names. You may find it helpful to pair anyone who's new with a friend.

My Story

1 | CONVERSATION STARTER (2 minutes)

Lead into the lesson by discussing difficult things the kids have done for other people and what it means to suffer.

2 | INTRO ACTIVITY (5 minutes)

Pose in "snapshots" that show scenes from the book of Luke.

God Story | Life Story

3 | WEEKLY VIDEO (12 minutes)

Watch the video, which includes host and God Story segments.

My Story

4 | SMALL GROUP ACTIVITY (12 minutes*)

Create a group poster of things that separate us from God. Emphasize the torn temple curtain by tearing up the poster.

5 | WRAP-UP ACTIVITY (8 minutes)

Highlight the Key Verse for this series with a colouring page.

Our Story

6 | DISMISSAL

Connect with parents and give them take-home materials.

*Extend as needed and adjust the timing for other activities.



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My Story

1 | Conversation Starter

SUPPLIES

- None

LEADER TIP

- This is meant to be a casual conversation as the kids arrive. Move on quickly to the Intro Activity so you have enough time for it before the teaching video.

INSTRUCTIONS

- >Welcome everyone—especially any visitors—and gather the kids together.
- Ask:
 - What's the most difficult thing you've ever done for a friend? For a family member? For someone whom you didn't know well?
 - What do you think the word "suffer" means?
- Depending on the size of your group, have the kids share their answers with the people sitting closest to them or with everyone.
- Introduce today's Big Idea: **Jesus suffered for us.**

2 | Intro Activity

SUPPLIES

- Bibles
- Bell

LEADER TIPS

- You don't need to wait for everyone to arrive before starting this activity.
- Depending on your numbers and timing, the kids could present the same scenes or all work on different ones.

INSTRUCTIONS

- Divide the kids into groups of three to five people.
- Give each group a Bible.
- Explain that the groups will have one minute to create a "snapshot" (i.e., pose like statues) of a scene from Luke. They can refer to the Bible for ideas. They must freeze when you ring the bell.
- Assign the following scenes:
 - Jesus brings a widow's son back to life (Luke 7:11–15)
 - Jesus feeds 5,000 people (Luke 9:12–17)
 - Jesus heals a group of men who have a skin disease (Luke 17:11–14)
 - Jesus heals a man who cannot see (Luke 18:35–43)
 - Jesus calms a storm (Luke 8:22–25)
 - Jesus rides into Jerusalem on a donkey (Luke 19:35–38)
 - Jesus is arrested in the Garden of Gethsemane (Luke 22:47–53)
- Ring the bell after about one minute.
- Observe each group's snapshot.
- Repeat until all the scenes are done or it's time for the video teaching.



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God Story | Life Story

3 | Weekly Video

SUPPLIES

- Video file

LEADER TIP

- Note that there is no Life Story in today's video due to the focus on Good Friday.

INSTRUCTIONS

- Play the video. It includes:
 - Host segment
 - God Story (Jesus' Death, Luke 23:26–56)

My Story

4 | Small Group Activity

SUPPLIES

- Markers
- Craft paper
- (Optional) Scissors

LEADER TIPS

- The temple curtain separated the Holy Place (where people could be) and the Most Holy Place (where God was). Its tearing showed the reunion of people with God! There was no longer a barrier caused by sin.
- To make the craft paper easier to tear, you could cut a small slit in it ahead of time.

INSTRUCTIONS

- Gather your small group to sit in a circle.
- Discuss:
 - What was today's God Story about?
 - If you created a snapshot of this story like we did earlier, what would you do?
 - The tearing of the curtain in the temple is important! What did it symbolize?
- Put the craft paper and markers in the middle of the group.
- Direct the kids to draw or write about things that separate us from God (i.e., examples of sin).
- Draw a large cross in the middle of the page.
- Remind everyone that Jesus rescued us from these things by dying on the cross.
- Tear the paper to show that these sins have no power over us. We have full access to God because **Jesus suffered for us**.
- Pray and thank God for sending Jesus as our Rescuer! Thank him that Jesus died for us so we could be rescued from sin to an eternity with God.



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My Story

5 | Wrap-Up Activity

SUPPLIES

- Key Verse sign
- Wall-safe tape
- Key Verse colouring pages
- Markers

BEFORE THE ACTIVITY

- Place the Key Verse sign where everyone can see it easily.

LEADER TIPS

- Make sure everyone's names are on their pages.
- If you run out of time, send home the colouring pages with the kids.

INSTRUCTIONS

- Review Colossians 1:14, the new Key Verse for this series.
- Give each person a colouring page.
- Place the markers where everyone can reach them.
- As the kids colour, discuss:
 - What does "Because of what the Son has done, we have been set free" mean?
 - What has the Son done?
 - What have we been "set free" from?

Our Story

6 | Dismissal

SUPPLIES

- Crafts
- Key Verse cards

LEADER TIPS

- There is not a take-home card for Good Friday.
- Organize the take-home materials so they're easy to access. It may be helpful to sort them before the lesson, then set out any crafts later. Consider having one leader focus on handing out everything.

INSTRUCTIONS

- Greet parents as they arrive to pick up their kids. Take a moment to share a highlight or two from your time together today.
- Give everyone a Key Verse card.
- Remind the kids to take their crafts.
- Make sure their security numbers match before they leave your group's space.